

ALLERGEN INFORMATION NOVEMBER 2021

NUT AND OTHER FOOD ALLERGIES: PLEASE BE AWARE THAT THERE MAY BE TRACES OF NUTS, SEEDS AND OTHER ALLERGENS IN ANY OF OUR PRODUCTS.	ALLERGENS	VEGETARIAN	VEGAN
Bread			
12" Flour Tortilla	Gluten and Wheat	YES	YES
10" Flour Tortilla	Gluten and Wheat	YES	YES
Large Brown Deli Sub Roll	Gluten, Oats and Wheat	YES	NO
Large White Deli Sub Roll	Gluten and Wheat	YES	NO
Ciabatta Twisted Roll	Gluten and Wheat	YES	NO
Hand Stretched Pizza Base	Gluten and Wheat	YES	YES
Scotch Morning Breakfast Roll	Barley, Gluten, Soya and Wheat	YES	NO
White Demi Baguette	Gluten and Wheat	YES	NO
Thick Sliced Grain Farmhouse Spilt Tin Loaf	Barley, Gluten, Soya and Wheat	YES	YES
Thick Sliced White Farmhouse Spilt Tin Loaf	Gluten, Soya and Wheat	YES	YES
Salad			
Sliced Black Olives	None of the 14 Food Allergens	YES	YES
Sweetcorn in Water	None of the 14 Food Allergens	YES	YES
Carrots	None of the 14 Food Allergens	YES	YES
Cocktail Gherkins	Sulphites >10ppm	YES	YES
Cucumber	None of the 14 Food Allergens	YES	YES
Gourmet Salad Mix	None of the 14 Food Allergens	YES	YES
Iceberg Lettuce	None of the 14 Food Allergens	YES	YES
Pointed Cabbage	None of the 14 Food Allergens	YES	YES
Red Cabbage	None of the 14 Food Allergens	YES	YES
Red Onions	None of the 14 Food Allergens	YES	YES
Sliced Green Jalapeño Peppers in Brine	None of the 14 Food Allergens	YES	YES
Red Tomatoes	None of the 14 Food Allergens	YES	YES
Mixed Peppers	None of the 14 Food Allergens	YES	YES
Slaw	None of the 14 Food Allergens	YES	YES
Fillings			
Vegan Pulled Oumph!	Soya	YES	YES
Vegan Quorn Fishless Finger	Gluten and Wheat	YES	YES
Quorn Sausage Patties	Barley, Gluten, Egg, Milk and Wheat	YES	NO
Vegan Mature Grated Violife	None of the 14 Food Allergens	YES	YES
Crumb Coated Chicken Strips	Gluten and Wheat	NO	NO
Diced Chicken Tikka	Milk	NO	NO
Southern Fried Chicken Strips	Gluten and Wheat	NO	NO
Roast Chicken Fillet	None of the 14 Food Allergens	NO	NO
Chicken Teriyaki	Gluten, Wheat, Soya	NO	NO
Sliced Chorizo	Milk & Soya	NO	NO
Sliced German Salami	None of the 14 Food Allergens	NO	NO
Sliced Pepperoni	Milk	NO	NO
Sliced Salami	None of the 14 Food Allergens	NO	NO
BBQ Pulled Pork	None of the 14 Food Allergens	NO	NO
Pork Sausage	Gluten and Wheat	NO	NO
Crispy Cooked Smoke Flavoured Streaky Bacon Pieces	None of the 14 Food Allergens	NO	NO
Rindless Back Bacon	None of the 14 Food Allergens	NO	NO

NUT AND OTHER FOOD ALLERGIES: PLEASE BE AWARE THAT THERE MAY BE TRACES OF NUTS, SEEDS AND OTHER ALLERGENS IN ANY OF OUR PRODUCTS.	ALLERGENS	VEGETARIAN	VEGAN
Wafer Thin Honey Roast Ham	None of the 14 Food Allergens	NO	NO
Beef Meatball	None of the 14 Food Allergens	NO	NO
Slow Cooked Hickory Smoked BBQ Beef Brisket	Gluten and Wheat	NO	NO
Free Range Egg Mayonnaise Savoury Filling	Egg and Mustard	YES	NO
Small Omelette	Egg and Milk	YES	NO
Free Range Poached Egg	Egg	YES	NO
Grated Tex Mex Cheese	Milk	YES	NO
Grated Triple Cheese Blend	Milk	YES	NO
Mild White Cheddar Cheese Slice	Milk	YES	NO
Brie Slice	Milk	YES	NO
Breaded Cod Fillet Fish Finger	Gluten, Fish and Wheat	NO	NO
Tuna Chunks in Brine	Fish	NO	NO
Sauces and Dressings		-	
Teriyaki Sauce	Gluten, Soya and Wheat	NO	NO
Barbecue Sauce	Barley, Celery, Gluten, Soya and Wheat	YES	NO
Brown Sauce	Gluten, Rye and Sulphites >10ppm	YES	YES
Tartare Sauce	Egg and Mustard	YES	NO
Tartare Sauce Sachet	Egg and Mustard	YES	NO
Tomato Ketchup	None of the 14 Food Allergens	YES	NO
Demi Glacé Sauce	Celery and Soya	NO	NO
Korean BBQ Sauce	Gluten, Soya and Wheat	YES	YES
Spicy Pizza Sauce	None of the 14 Food Allergens	YES	YES
Tomato Sauce	None of the 14 Food Allergens	YES	YES
Pizza Topping Sauce	None of the 14 Food Allergens	YES	YES
Levi Roots Reggae Reggae Jerk BBQ Sauce	Barley and Gluten	YES	YES
Arrabbiata Sauce	None of the 14 Food Allergens	YES	NO
Blue Dragon Sriracha Hot Chilli Sauce	None of the 14 Food Allergens	YES	YES
Sweet Chilli Dipping Sauce	None of the 14 Food Allergens	YES	YES
Reduced Fat French Dressing	Mustard	YES	NO
Honey & Mustard Dressing	Egg and Mustard	YES	NO
Buttermilk Ranch Dressing	Egg and Milk	YES	NO
Thousand Island Dressing	Egg	YES	NO
Light Mayonnaise	Egg	YES	NO
Branston Sweet Pickle	Barley and Sulphites >10ppm	YES	YES
Brilliantly Buttery	Milk	YES	NO
Coarse Sea Salt	None of the 14 Food Allergens	YES	YES
Whole Black Pepper	None of the 14 Food Allergens	YES	YES
Soup			
New Covent Garden Soup Co. Carrot & Coriander Soup	Milk	YES	NO
New Covent Garden Soup Co. Vegetable Soup	Celery and Milk	YES	NO
New Covent Garden Soup Co. Leek & Potato Soup	Milk	YES	NO
New Covent Garden Soup Co. Tomato & Basil Soup	None of the 14 Food Allergens	YES	YES
New Covent Garden Soup Co. Mushroom Soup	None of the 14 Food Allergens	YES	YES
Crisps			
Seabrook Crinkle Cut Cheese & Onion Crisps	Milk	YES	NO
Seabrook Crinkle Cut Sea Salt & Vinegar Crisps	None of the 14 Food Allergens	YES	YES
Seabrook Crinkle Cut Sea Salt Crisps	None of the 14 Food Allergens	YES	YES
Cold Drinks			
Coca-Cola Postmix	None of the 14 Food Allergens	YES	YES
Coca-Cola Original Taste Bottle	None of the 14 Food Allergens	YES	YES
Coca-Cola Zero Postmix	None of the 14 Food Allergens	YES	YES
Coca-Cola Zero Bottle	None of the 14 Food Allergens	YES	YES
Diet Coke Postmix	None of the 14 Food Allergens	YES	YES
Diet Coke Bottle	None of the 14 Food Allergens	YES	YES

NUT AND OTHER FOOD ALLERGIES: PLEASE BE AWARE THAT THERE MAY BE TRACES OF NUTS, SEEDS AND OTHER ALLERGENS IN ANY OF OUR PRODUCTS.	ALLERGENS	VEGETARIAN	VEGAN
Coca-Cola Cherry Bottle	None of the 14 Food Allergens	YES	YES
Coca-Cola Zero Sugar Cherry Bottle	None of the 14 Food Allergens	YES	YES
Fanta Postmix	None of the 14 Food Allergens	YES	YES
Fanta Orange Bottle	None of the 14 Food Allergens	YES	YES
Fanta Orange Zero Bottle	None of the 14 Food Allergens	YES	YES
Fanta Fruit Twist Bottle	None of the 14 Food Allergens	YES	YES
Sprite No Sugar Postmix	None of the 14 Food Allergens	YES	YES
Sprite No Sugar Bottle	None of the 14 Food Allergens	YES	YES
Dr Pepper Bottle	None of the 14 Food Allergens	YES	YES
Dr Pepper Zero Bottle	None of the 14 Food Allergens	YES	YES
Monster Energy	None of the 14 Food Allergens	YES	YES
Irn-Bru Bottle	None of the 14 Food Allergens	YES	YES
Irn-Bru Sugar Free Bottle	None of the 14 Food Allergens	YES	YES
Tropicana Smooth Orange Juice	None of the 14 Food Allergens	NO	NO
Priory Falls Still Spring Water	None of the 14 Food Allergens	YES	YES
Hot Beverages			
Arriba Fairtrade Espresso Beans	None of the 14 Food Allergens	YES	YES
Semi-Skimmed Milk	Milk	YES	NO
Nescafé & Go Aero Hot Chocolate	Milk	YES	NO
Yorkshire Tea 1 Cup Teabag	None of the 14 Food Allergens	YES	YES
Demerara Sugar Stick	None of the 14 Food Allergens	YES	YES
Sweetener Granules Sachet	None of the 14 Food Allergens	YES	YES
Da Vinci Vanilla Coffee Syrup	None of the 14 Food Allergens	YES	YES
Da Vinci Caramel Coffee Syrup	None of the 14 Food Allergens	YES	YES
Da Vinci Hazelnut Coffee Syrup	None of the 14 Food Allergens	YES	YES
Cookies			
Funtime Chocolate & Caramel Cookies	Gluten, Egg, Milk, Soya and Wheat	YES	NO
Funtime Milk Chocolate Cookies	Gluten, Egg, Milk, Soya and Wheat	YES	NO
Porridge and Fruit			
Oatflakes	Gluten and Oats	YES	YES
Honey Portion	None of the 14 Food Allergens	YES	NO
Assorted Jam Portions	None of the 14 Food Allergens	YES	YES
Seasonal Christmas			
Sage & Onion Stuffing Ball	Gluten, Oats and Wheat	YES	NO
Cranberry Sauce	None of the 14 Food Allergens	YES	NO
Quorn Plain Fillet	Egg	YES	NO

Chicken and Fish Products: Although every care has been taken to remove all bones, some may remain.

Additives: These products may contain one or more of the following additives; Antioxidants, Flavour Enhancers, Colours, Preservatives, Sweeteners, Flavourings, Flour Treatment Agents.

Caution: Some our food may be very hot. Ham: Reformed from selected cuts of pork with added water.

Today's the day: Please eat our food straight way. Do not reheat.

 $\textbf{Black Olives:} \ \textbf{Although every care has been taken to remove all olive stones, some may remain.}$

Disclaimer: The information provided, in good faith, is based on details provided by the suppliers of those products. In providing the information, Country Choice is reliant on the accuracy and completeness of the product information provided by suppliers. Whilst Country Choice does what it can to ensure this information is up-to-date and accurate, Country Choice cannot be held responsible for any inaccuracies or omissions in this information. This is particularly important because, where recipes and/or formulations are changed by the suppliers, the information on our central databases and on Brakes website may be inaccurate for a period of time, until such time as Country Choice is notified by the relevant supplier, and such changes have been updated. In case of supplier branded products, the main reliable allergen information we hold is related to the deliberate ingredients used in the product. For full and up-to-date product details, including any allergen information, please refer to the product packaging or alternatively please contact Country Choice Customer Service on 0345 606 9090. Country Choice, part of the Brakes Group.